



## Strategies to Control the Spread of COVID at Seafood Processing Plants: Hand Washing and Personal Protective Equipment

*Authored by Abigail Villalba, Extension Specialist, Virginia Seafood Agricultural Research and Extension Center, Virginia Tech*

### Hand Washing and Personal Protective Equipment (PPE)

Seafood processing plants can implement practices that will protect workers to exposure to SARS-CoV-2, the virus that causes COVID-19, so that they are able to continue production while protecting themselves and others. By providing the necessary personal protective equipment and encourage frequent hand washing and the facilities to do so, processors and their employees can mitigate the spread of the COVID virus.

### Wash Hands Often



- Wash hands often with soap and water for at least 20 seconds. Rinse and dry with a single use paper towel. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol, preferably touch free.
- Companies should implement short breaks to allow employees to wash their hands more often.

- Install handwashing stations and/or (touch-free) hand sanitizers with at least 60% alcohol.
- Encourage the use of hand sanitizer by placing hand sanitizers closer to employee's work, lunch room, and before entering high traffic areas.

### Use of Personal Protective Equipment (PPE)



- When at work, use personal protective equipment (PPE) such as face mask, shield and gloves.
- Cover your mouth and nose with a facemask when around other people. The facemask is meant to protect other people in case you are infected. Continue to keep social distancing (6 feet) between yourself and others even when wearing a facemask.

- After use, PPE’s are contaminated and should be discarded at the end of the day. Used PPE is not to be taken home.
- If processing work is “sloppy” or may allow for food particles or water to reach your face, it is recommended to wear a face shield. However, continue to use the face mask while wearing the face shield.

## How to Wear a Face Mask



- Face coverings should fit snugly but comfortably against the side of the face.
- Be secured with ties or ear loops.
- Include multiple layers of fabric to allow for breathing without restriction.
- To prevent fogging when wearing glasses, put mask on first before glasses.

## Processing Vessels



- Establish and ensure employees follow appropriate cleaning, sanitation, and disinfection practices.

- Provide personal protective equipment (PPE) and monitor their use.

## Provide Education, Training, and Communication

- Teach workers about recognizing **COVID-19 symptoms** and how they may prevent exposure to the virus.
- Establish workplace programs to promote **effective personal hygiene and use of PPE’s**.
- Implement **additional breaks** to increase hand washing or hand sanitizer use.
- Increase **access** to PPE’s, tissues and touch-free **trash receptacles**.

## Additional Resources

CDC 2020. Interim Guidance for Businesses and Employers Responding to Coronavirus Disease 2019 (COVID-19).

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

CDC 2020. Protecting Seafood Processing Workers from COVID-19. Interim Guidance from CDC and the Occupational Safety and Health Administration (OSHA). Developed in consultation with the Food and Drug Administration (FDA).

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-seafood-processing.html>

Visit Virginia Cooperative Extension: [ext.vt.edu](http://ext.vt.edu)

Virginia Cooperative Extension programs and employment are open to all, regardless of age, color, disability, gender, gender identity, gender expression, national origin, political affiliation, race, religion, sexual orientation, genetic information, veteran status, or any other basis protected by law. An equal opportunity/affirmative action employer. Issued in furtherance of Cooperative Extension work, Virginia Polytechnic Institute and State University, Virginia State University, and the U.S. Department of Agriculture cooperating. Edwin J. Jones, Director, Virginia Cooperative Extension, Virginia Tech, Blacksburg; M. Ray McKinnie, Administrator, 1890 Extension Program, Virginia State University, Petersburg.

2020

FST-376NP  
VSG-20-04